

Biography Abstract

Sherry McAllister, DC, M.S. (Ed) CCSP, serves as the Executive Vice President for the Foundation for Chiropractic Progress, the national not-for-profit organization creating positive press for Chiropractic.

Dr. McAllister earned her Masters in Education from the University of California East Bay and is a graduate of Palmer College of Chiropractic West, where she served as an Associate Professor. Recently appointed to Forbes Non-Profit Council.

She is a frequent guest speaker for National conventions, Corporate Wellness Programs, as well as Business and Healthcare Alliances.

Dr. McAllister has served as a Qualified Medical Examiner, Expert Chiropractic Witness for the State of California, and has been in private practice in San Jose since 1996.



CURRICULUM VITAE

Sherry D. McAllister M.S. (Ed), D.C., C.C.S.P.

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Education

California State University-Hayward Masters of Science in Education 2001
California State University- Hayward Certificate in Online Teaching and Learning 2000
Palmer West College of Chiropractic (San Jose California) 1996
University of Calgary 1993 Bachelor of Science:
Major: Cellular, Molecular, and Microbial Biology
Mount Royal University General Science/Math (Calgary Alberta) 1990

Practice Experience

Private Practice: McAllister Chiropractic 2002-present
Private Practice: Health and Wellness Care Center 2000-2002
Private Practice: Bay Area Pain Care Center 1996-2000

Teaching Experience

Consultant:

Foundation for Chiropractic Progress EVP 2016- Present
Educational Consultant: Palmer West College of Chiropractic 2012-2018
Distance Education Consultant: University of Iowa Faculty of Medicine/ Grant National Institute of Health: Healthy Aging online certification 2002- 2004
Distance Education Consultant: Palmer Institute for Professional Advancement:
Facilitator: Online Course Manager for Diplomate Pediatrics Program 2000- 2010
Distance education consultant for Academia: Chiropractic Board Review: Design/ Implementation consulting 1999- 2004
Online Course Manager for Palmer West:
Certified Chiropractic Sports Physician 1999- 2002

Faculty:

West Valley College: Lecturer; Holistic Health Care: 2002- 2005
Online Instructor for Palmer West:
Certified Chiropractic Sports Physician: Full year Course 1999 – 2002
Associate Professor: Cervical and Lumbar diagnosis and treatment (2000-2001 PCCW)
Instructor: Chiropractic Philosophy and Technique (1997-2002 /PCCW)
Teaching assistant for Physiology (1995-1996 PCCW)
Lab technician for Biochemistry (1994-1995 PCCW)
Teaching assistant for Microbiology (1991-1992 University of Calgary)
Teaching assistant for Biochemistry (1988 Mount Royal College, Calgary Alberta)

Appointments/Member:

Forbes Non Profit Council for Chief Executives (2018- Present)
Chairman: PACE program: Federation of Chiropractic Licensing Board (2004- 2014)
Expert Witness for State of California Chiropractic State board (2010-2012)
California Chiropractic Association member (1995-present)
American Chiropractic Association member (2016-present)
Qualified Medical Examiner Appointment from the State of California (1998- 2017)
International Police Surgeons Health Affiliation Associate Member (1998-2015)
Tactical Medics Department (Campbell Police S.W.A.T Department 2001-2008)
Palmer President Club Member (2013- Present)
Advisory Director Optum Health (2011- 2017)
Foundation for Chiropractic Progress: Member (2013-Present)
Lecturer: American Bureau of Health and Nutrition (2005- 2009)
Director of Education for Community Winners Foundation (2001- 2002)
Treasurer for H.O.P.E (Helping other by Promoting Education)
Silicon Valley chapter (2001)
Director, Field Training/Postgraduate Preceptorship Program Palmer West (1998-2000)
Research Coordinator for the American Back Society (1998-2000)
Executive Director: Association for Quality Assurance/Physician division (1998-1999)
Campbell Chamber of Commerce (1998-2002)
American Women Business Association (1998-2001)
President, American Spinal Research Foundation (Santa Clara Chapter 1997-1998)

Appointments at Palmer College of Chiropractic West:

Adjunct Faculty for Palmer Postgraduate Preceptorship Program (2002- present)
Director, Continuing Education Department (2000-2012)
Director, Field training/Postgraduate Preceptorship Program (1998-2000)
Coordinator, Field Training Program (1997)
President Palmer Academic Society (1996)
President of Associated Student Body (1995)

Presentations/Service

The Opioid Crisis for Athletes: A Case for Chiropractic: Disrupting the Pain,
Prescription, Addiction Cycle (Utah: ACBSP Annual Sports Conference Apr 2019)
Panel Discussion: Women in Sports Medicine (Utah: ACBSP Conference Apr 2019)
Global Initiative for Chiropractic (WFC Berlin Germany Mar 2019)
A Gallop through Gallup (Palmer Florida Homecoming) (Feb 2019)

Integrative Pain Care Policy Congress External Relations Roundtable (Harvard Medical School Boston Nov 2018)

The Opioid Crisis and the Chiropractor: 2018 Update (Keynote CCongress TX Oct 2018)

Non-Pharmacological Round Table Univ. of Colorado School of Medicine (Oct 2018)

The Tech Neck Wreck (Palmer Davenport 2018)

Medical Malpractice Roundtable (FCA Orlando 2018)

Opioid Epidemic: 8000 years in the making (FCA Orlando 2018)

Chiropractic's Role in the Opioid Epidemic (FCLB/NBCE Dallas 2018)

A Tech Neck Primer: Understanding Biomechanical Forces (Palmer San Jose May 2018)

A Safer Approach Exists for Pain care (Parker Las Vegas Feb 2018)

Chiropractic: A safer strategy than Opioids (St Paul 2018 NWHSU)

HealthCare Now Radio: 5 areas of chiropractic making major impact (Feb 2018)

EHealth Radio: Pain Care without a Pill ([Listen Here: Podcast](#)) (San Jose 2018)

Pains Strategy Panelist (Washington DC 2017)

The National Issue of Opioids: Conservative Care To Help Patients Avoid Medical Errors (FCA National Orlando 2017)

The Opioid Epidemic and the Chiropractor: The Silver-Lining for All Involved! (FCA National Orlando 2017)

Chiropractic: A safer strategy than opioids (Parker Dallas 2017)

Chiropractic in the media: Panel discussion (Washington DC 2017)

Commencement Speaker Palmer Graduation June 2016

Chin Up! Avoiding Tech Neck: Adverting Biomechanical Dysfunction from the use of Technological Devices. (Parker Las Vegas, Palmer San Jose 2016)

Integrative Care in Chronic Pain Management (International Myopain Society/ National Fibromyalgia and Chronic Pain Conference (Virginia 2015)

The Fundamentals of Chiropractic: Alaska Medical Summit (Fairbanks 2015)

Tips and Traps moderator for Women's Chiropractic Forum (Palmer 2015)

Building a Sports Community Program (Florida Chiropractic Assoc: The National 2015)

Success Based Strategies for Students (Palmer 2015)

Trends Review: Outcome-based Strategies that Lower Costs, Improve Satisfaction and Increase Productivity (IHC Las Vegas 2014)

Celebration of Women in Chiropractic (Palmer West 2014)

Palmer Alumni Foundation: Success in Practice (2014)

Palmer Palooza Speaker (2014)

Chiropractic Success Speaker: Palmer Student Alumni Foundation (2014)

American Youth Soccer Organization National Tournament Speaker (2014)

Hershey's California State Track and Field Team Chiropractor (2013, 2014)

Building a Profession of Leaders: Palmer Homecoming Panel Speaker (2014)

Cross Fit Regional Championship Chiropractor: Rock Tape Team (2013)

Chiropractic Success: Palmer West Panel Discussion (2012)

Palmer College of Chiropractic Commencement Speaker (2011)

Wellness Program: American Bureau of Health and Nutrition (2010-2011)

Clinical Analysis and Research PCCW San Jose Palmer Institute for Professional Advancement (2004)

Obtaining Optimum Health (San Jose April 2004)
Technology and the Chiropractic Practice (PCCW August 2003)
Beyond the Adjustment (PCCW August 2002)
Transition to Practice Success (PCCW March 2002)
Issues facing Distance Learning Postgraduate Continuing Education (ACC/RAC Conference 2001)
Injury Prevention Campbell Police Department (City of Campbell 2000)
What's in the Food You Eat (Whole Foods 2000)
Assessment/Treatment for Costal Dysfunction (American Back Society 1998)
Health in the Millenium (Campbell Community Center 1998)
Palmer West "Career night" (Palmer West 1995-1998)
Ergonomics in the Work place (Palmer West 1997)
Low Back Pain: What you can do to prevent it! (Palmer West 1997)
Say No to Drugs (Highland Junior High school 1996)
Palmer West Graduation Award Speaker (1995)

Awards

PR World Awards Gold Winner Healthcare Achievement Award ([Silicon Valley 2019](#))
Top Women in Healthcare Winner: PRNEWS and Access Intelligence ([NYC 2019](#))
Robert Botterman Humanitarian Award CCA (2018)
Presidential Award California Chiropractic Assoc. (2018)
Best of San Jose Chiropractor of the year (2018)
Top Chiropractor California (2018)
Best of San Jose: Chiropractor of the year (2017)
Consumer Research Council: America Top Chiropractor (2014)
Best of San Jose Chiropractor of the year (2015)
California Chiropractic State Board Recognition for Professional Service (2012)
Consumer Research Council: America Top Chiropractor (2009)
Who's Who in American Colleges and Universities
(1995,1996,1997,2002)
California Chiropractic Association Fellowship Award (1995 & 1996)
S. Chiropractor of the year (1996-1997)
Clinic Excellence award (1996)
International Chiropractic "King Koil Award" (1996)
Presidential Scholarship (1995, 1996, 1997)
Peggy Sherman "outstanding contributions" award (1995)

Articles/Papers/Publications: *(EC: Expert Contributor)

The 18 Lost Healthcare Management Skills: EC: [Managed Healthcare Executive](#)
Patients are Searching for You and Chiropractic Nationwide: [Dynamic Chiropractic](#)
7 Nonprofit Strategies For Gaining Bigger Brand Name Donors: EC [Forbes.com](#)
Seven Creative Ways to Celebrate The People Behind Your Nonprofit: EC: [Forbes.com](#)
How Non Profits can Unite and Advance Through Collaboration. [Forbes.com](#)

Sitting 8 Hrs a Day Can Be as Bad as Doing These 4 Things: EC: [Romper](#)
Is Your Health Plan Driving Employees to Opioids? [Forbes.com](#)
The Three Letter Word That Can Triple Your Membership [Forbes.com](#)
If Prescription and Over-the-Counter Pain Relief Drugs Can Do More Harm Than Good,
4 new studies highlight advances in collaborative care model for spinal disorders:
([Beckers Orthopedic and Spine review](#))
Making Adjustments for the Opioid Crisis ([Boss Magazine](#))
The next Onsite Health Benefit could be Chiropractic Care ([Employment Benefit News](#))
Where Should Consumers Turn for Pain Relief? [LinkIn](#)
Surprising Ways Patients Are Funneled Into a Cycle of Opioids ([LinkIn](#))
How To Curb Three Leading Productivity Killers: Lack of Sleep, Poor Posture and Stress
[Forbes.com](#)
Nine Ways to Foster an Environment of Learning For Your Team [Forbes.com](#)
The Dark Side of Remote Work For Non Profits [Forbes.com](#)
Seven Ways To Vet A Nonprofit Before You Donate Your Money Or Time [Forbes.com](#)
A Safer Approach to Pain Exists (2/2018) Mississippi State Medical Journal [pg. 54](#)
Press Releases: [Found here](#)
Public Service Announcement: [Found Here](#)
Chiropractic: America's Opioid Exit Strategy: [Found Here](#)
Improving Posture: Healthy Living Magazine 10/2015
Issues faced in Online Postgraduate Continuing Education
(The Journal of Chiropractic Education Volume 15, Number 1, 2001)
"Changing times for chiropractic": (Spring, Bartlett 1996)

Certifications:

T.I.P.S Certification: Towards Injury Prevention in Sports F4CP 2014
Certified Chiropractic Sports Physician 2013
Graston Certification 2012
Online Teaching and Learning Certification California State University 2000
Qualified Medical Examiner for the State of California 1999
Industrial Disability Examiner 1998
National Board of Chiropractic Examiners 1997
California State Chiropractic Board License 1997
Canadian Chiropractic Board of Examiners 1997
Alberta Provincial Board License 1997

Interests:

Escape from Alcatraz Triathlon (San Francisco)
Chinook Half Ironman (Calgary Alberta)
Nike Women's Marathon (San Francisco)
Folsom to State Capital Marathon (Sacramento)
Goofy 39.3 mile Marathon (Florida)

Volunteer:

Bellarmino Resource Volunteer (2016 – present)
YMCA Project Cornerstone Leader (2012-2014)
Project Community Veterans Program (2011- 2013)
Family Giving Tree (2010- 2017)

References:

- 1) Dr. Rick Cole: President Emeritus American Chiropractic Association
Email: dr.richardleecole@gmail.com
Phone: (901) 377-2340
- 2) Dr. Peter Martin: President Palmer College of Chiropractic Florida
Email: peter.martin@palmer.edu
Phone: (386) 763-2651
- 3) Donna Liewer: Past Executive Director FCLB
Email: donnaliewer@gmail.com
Phone: (970) 397-1555